Inclusive play

Ndinogona "I Can"

The Ndinogona "I Can" Stimulation Programme and **Ndinogona "I Can" Inclusive Play for ECD's programme** provides the training, experience and resources to empower parents, caregivers, ECD practitioners and teachers at even the least equipped centres to interact with and promote play and learning for all children across the spectrum of abilities and needs.

All children are unique and both these programmes equip parents, caregivers, ECD practitioners and teachers with the ability to adapt ECD concepts, structured stimulation and play to create learning programmes that are fun, safe and empowering for each child within their care.

Play is vitally important to all children's development, as play is the way that children learn about their world and practice important life skills enabling children to play and participate more in daily activities.

As part of the Ndinogona "I Can" Stimulation Programme training and Ndinogona "I Can" Inclusive Play ECDs, we use a kit that contains 4 activity manuals, 4 theme bags that match each activity manual and adaptive equipment. There are over 100 adaptable activities and songs that are described in the manual and have been divided into four themes: **All about me, All about food, All about family and community, and All about learning.**

Why do we believe inclusion is so important?

Children with disabilities and their families face many barriers in their community and this often doesn't allow them to access any form of play or learning opportunities. This is why we focus on inclusion at ECD level as it gives ALL children, from a very young age an equal opportunity to play and learn. All children deserve the opportunity to engage in play because play is the best way for a child to learn.

How Ndinogona will benefit your ECD

- The Ndinogona "I Can" Stimulation Programme is used to upskill ECD practitioners on how to include a child with a disability in your classroom. This means that the ECD practitioner learns a variety of adaptation skills that will not only benefit the child with a disability but the entire classroom.
- The programme focuses on why play is important for ALL children and how play is important for learning.
- Through the training a supportive network is created between ECDs in the same community that want to include children with disabilities. Through this, ECD's are introduced to community stakeholders or referral partners that can assist them in their inclusion journey.

How Ndinogona will benefit you and your child

- The Ndinogona "I Can" Stimulation Programme empowers parents with information on disability, how to practice inclusion and the rights of all children.
- This programme focuses on why play is important for ALL children and how play is important for learning.
- As a parent or caregiver, you will be upskilled on age appropriate activities for your child with a disability and discuss various learning opportunities for their children.

About the training

- SSE offers the training via WhatsApp for 13 sessions. All the theory is shared and spoken about on a WhatsApp group.
- After the WhatsApp sessions are complete, we arrange to come to your community to do a 4 day practical so that we put all the theory we have learnt into practice.

On going support

- With the Ndinogona programme a WhatsApp group is created for all that will receive the training. This group is used for on-going support after the training is done.
- ECD's have a lifelong relationship with the organisation, so ECD's will always have access to resources and guidance from the SSE staff.
- SSE also offers a parent support group over WhatsApp. It's called the Parent network and it's across all provinces across South Africa.
- Parents from all over support one another and give each other advice on this group.

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If you would like more information please feel free to contact **Fatima Williams** on **Fatima@ShonaquipSE.org.za** or call/whatsapp **073 762 3385**

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